

RASPORED GRUPNIH TRENINGA

JESEN 2017.

EFEKTIVNO DO 18.09.

VITA

FITNESS & SPA

www.vitafitness.hr | +385.(0)1.6593.130



STUDIO D

PON

UTO

SRI

ČET

PET

SUB

NED

17:00

**BACK IN
SHAPE**

(Mirta)

18:00

ABC YOGA 75'

(Marko)

**BACK IN
SHAPE**

(Mirta)

ABC YOGA 75'

(Marko)

**BACK IN
SHAPE**

(Mirta)

**POWER YOGA
90'**

(Marko)

19:00

PILATES

(Mirta)

PILATES

(Mirta)

19:15

**VINYASA
YOGA 75'**

(Marko)

**VINYASA
YOGA 75'**

(Marko)

20:15